

DAY 1

9:00-12:00	MICHAEL PERLIS	<ul style="list-style-type: none"> • Course Opener • Advanced Models of Insomnia • Optional: CER re: Hypnotics
12:00-1:00	LUNCH BREAK	
1:00-3:30	JAN OVESEN	<ul style="list-style-type: none"> • Signs/symptoms of Intrinsic Sleep DXs • Sleep Reports • The Impact of Normal Good Sleep
3:30-5:00	NALAKA GOONERATNE	<ul style="list-style-type: none"> • Sleep & Aging

DAY 2

9:00-10:30	ERIN O'BRIEN	<ul style="list-style-type: none"> • Women & Sleep
10:30-12:00	PHILIP GEHRMAN	<ul style="list-style-type: none"> • Assessment • Actigraphy • Questionnaires
12:00-1:00	LUNCH BREAK	
1:00-3:00	BABI CHAKRAVORTY	<ul style="list-style-type: none"> • General Clinical Sleep Medicine • Pharmacological Interventions • PAP
3:00-5:00	LAUREN DANIEL	<ul style="list-style-type: none"> • Pediatric Sleep

DAY 3

9:30-12:00	DONN POSNER	<ul style="list-style-type: none"> • Case Reviews • General Q&A
12:00-1:00	LUNCH BREAK	
1:00-5:00	DONN POSNER & MICHAEL PERLIS	<ul style="list-style-type: none"> • Case Reviews • General Q&A

NOTE

All 3 days will run from 8-6pm with breaks every 60-90 minutes and a break for lunch. Lectures and activities may significantly vary in their start times given attendee participation and/or lecturer extemporization and circumlocution.



Recording lectures is not permitted, but program may provide recorded lectures to attendees upon request.